

HELMET USE POLICY

General

All Skate Canada member clubs and skating schools that offer a CanSkate program must ensure all CanSkate and Adult CanSkate participants up to and including Stage 5 must wear a CSA-approved hockey helmet while on the ice.

This policy also applies to all the Skate Canada programs; therefore, anyone who lacks good control/balance when skating forward, backward and has difficulty stopping, as well as maneuvering around obstacles on the ice, must wear a CSA-approved hockey helmet. Clubs and skating schools must ensure this policy is enforced during all skating activities, including competitions, carnival days or any other special on-ice activities throughout the season for this level of skater.

This policy is a minimum standard. Sections, at their discretion, may impose a higher standard that all clubs and skating schools within the Sections' boundaries must adopt and implement.

Helmet Use During a Competition or Assessment Day

A skater beyond a CanSkate Stage 5 level who chooses to wear a CSA-approved hockey helmet during a competition or assessment day will not be subjected to any deductions in relation to the use of a CSA-approved hockey helmet.